

LENTEN PRAYER

Create in me a clean heart, O God,
and put a new and right spirit within me.

Psalm 51: 10

Create in me a clean heart, open and receptive, so that I may embrace your presence in my daily life.

Create in me a clean heart, freed from the clutter of old scars, and wounds that need to be healed.

Create in me a clean heart brushed free from frantic busyness, so that I will have time to spend time with you in the silence of my heart.

Create in me a clean heart, rinsed of the false messages about my identity, and help me touch my inner goodness so my light may shine in all I say and do.

Create in me a clean heart, free from anxiety and lack of trust.

Create in me a clean heart, strengthened by your care and love, helping me to move beyond whatever keeps me from communion with you.